

## Physical Education Long Term Plan – Hindley J&I

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Outdoor Provision	Multi Skills	Gymnastics	Outdoor Provision	Outdoor Provision	Small ball
	Dance	Outdoor Provision	Outdoor Provision	Large ball	Athletics	Outdoor Provision
Year 1	Ball skills - Feet	Bat & ball skills	Send & receive	Fitness	SAQ	Small ball
	Large ball	Gymnastics	Dance	Throw & Catch	Athletics	Athletics
Year 2	Dodgeball	SAQ	Fitness	Targets	Small Ball/ TW	Bat & Ball skills
	Football	Gymnastics	Dance	Fundamental T & C	Athletics	Athletics
Year 3	Dodgeball	Gymnastics	Football	Netball	Tennis	Rounders
	Basketball	Handball	Dance	Rugby & SAQ	Athletics	Cricket
Year 4	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
	Handball	Basketball	Gymnastics	Dance	Athletics	Cricket
Year 5	Basketball	Cricket	Rugby	Dance	Tennis	Rounders
	Football	Handball	Dodgeball	Gymnastics	Athletics	OAA
Year 6	Basketball	Cricket	Gymnastics	Rugby	Rounders	Volleyball
	Football	Handball & SAQ	Badminton	Dance	Athletics	OAA